



PERIVALE
PRIMARY SCHOOL

Newsletter

Issue 8– Friday 12th January 2024

Governor's Message

The first term of the 2023/2024 year at Perivale Primary School, with ongoing growth, development planning, and change implementing across all areas was pretty intense. Amazingly, we found the time to appoint a new Headteacher, so that the brilliant work undertaken by Ms Porter can be sustained and built on into the next school year and beyond. Ms Porter has brought about change, trust, and stability in such little time and we will be eternally grateful to her.

A huge thank you to Ms Porter and her team for all the hard work this year to ensure the school delivers on its mission of excellence at the centre of all the school does.

It has been a real pleasure for governors visiting school to see how our pupils are learning, to know how teachers and staff are supported, and to ensure leadership delivers on school growth and development. On my visits I was impressed by how 'ready to learn looks and sounds' in the classrooms - a real transformation.

It was wonderful to see and hear the spirit of the festive season alive as children and staff 'eased' us all into our Christmas break - thank you all teachers, staff and parents who contributed to the huge number of events held! The sights, sounds, and smells are still fresh!

We now return, hopefully feeling rested and recharged for 2024.

We look forward to building on our successes to date. We look forward to showing visiting Ofsted inspectors how wonderful our school, pupils, staff and parents are. We look forward to another year of support and celebratory events from our creative PTFA team. We look forward to excellence.

With best wishes for the new year to you all.

Chris Green

Co-chair of Governors

Duncan Partridge

Co-chair of Governors

Attendance

From the first day of term to the last, the small moments in a school day make a real difference to your child. #AttendanceCounts

We would like to take this opportunity to say a big THANK YOU to all of our families who consistently ensure their children's attendance and punctuality is good.

Our comparative data from last year's Autumn Term 2022 and this year's Autumn term has improved by 2%, and our persistent absentee rate has fallen by an amazing 10%. Getting these essential habits established early on in your child's life will make a difference to their futures. There is a proven link between attendance and achievement.

If your child is absent from school, contact must be made first thing in the morning and each day thereafter.

Contact can be made via our absence line on 020 8997 0619 selecting option 1. Please provide us with as much information as possible about why your child cannot attend school. Our School Attendance Officer Mrs Bougouizi may still contact you if we require more information regarding your child's absence. We may also require medical evidence if absence due to illness is frequent.

Please always give an honest and full reason why your child is not in school.

Leave of absence

Any time off during term time will only be authorised when we consider the period of absence to be for an Exceptional Circumstance.

Exceptional circumstances are one off events which are unavoidable.

A form must be completed prior to the period of absence. Please give as much notice as possible. The form can be obtained from the main school office. We will then make a decision whether to authorise the absence.

Punctuality

We appreciate the efforts that our Parents and Carers make in order to get their children into school on time. Poor punctuality can affect learning and behaviour. Learning begins from the moment they enter the classroom. It is not only the pupil who is late that is affected, it has an impact on all other learners. It is important that you get your child into school on time



CLASS	11/12/23-15/12/23	18/12/23-21/12/23
ORANGE	81.4%	98.2% ★
PLUM	86.7%	94.4%
APPLE	90%	93.8%
PEAR	91.2%	93.6%
CHERRY	95%	93.3%
MAPLE	97.3%	90.4%
BEECH	83.3%	91.7%
CEDAR	88.7%	89.2%
ELM	94.3%	93.3%
MULBERRY	97%	94.9% ★
WILLOW	94.3%	88.4%
POPLAR	95.3%	78.8%
ASH	90.7%	79.2%
LIME	97%	86.3%
SYCAMORE	98% ★	93.3%
CHESTNUT	93.1%	94.4%
OAK	90.2%	91.7%
WHOLE SCHOOL	92.9%	90.1%

WOULD YOUR CHILD LIKE TO JOIN THEIR OWN ROCK BAND?

iRock

Book now online
Visit www.irockschool.com/enrol

Dear Parent / Guardian,

Bookings are now open for your child to join their own rock and pop band at school! Enrolling is straightforward, and iRock offers a **first lesson money-back guarantee!**

Discover the benefits of band lessons: not only are they fun, but they also play a significant role in enhancing children's life skills. Lessons focus on boosting confidence, supporting well-being, developing social skills, and even improving academic performance.

How it works:

- Children don't need music experience to join, and all of the instruments are provided by iRock.
- Your child can choose from drums, keyboard, electric guitar, or vocals (subject to availability). They'll play the same instrument every week and join their bandmates in 30-minute weekly lessons.
- Lessons are held during the school day and are led by one of our experienced band coaches, who will guide your child through every session. *Some sessions may take place straight after school.*
- Lessons are available from Reception to Year 6, with children grouped by age. Children can choose their band name and learn their favourite songs.
- Band sessions build towards a concert at the end of each term, providing a great way to showcase just how far they have come.
- Children in Years 2, 4, and 6 will be enrolled in a Group Performance qualification by RSL.
- Access the iRock parent portal to view your child's band memories, song choices, manage your subscription and much more!

You can subscribe to iRock through our monthly subscription plan, which spans 11 months with no payment required in August. We offer full flexibility, allowing parents to cancel their subscription at any time. By subscribing, you're guaranteed a minimum of 33 lessons throughout a full academic year.

For availability and cost please visit: www.irockschool.com/enrol and search for your school. For any helps please call 0330 174 2655

Kind regards,

Joshua Franklin
Founder
iRock School of Music

Proudly supporting



“ My daughter is so excited when it's iRock day at school! She loves playing in the band ”
Google Review

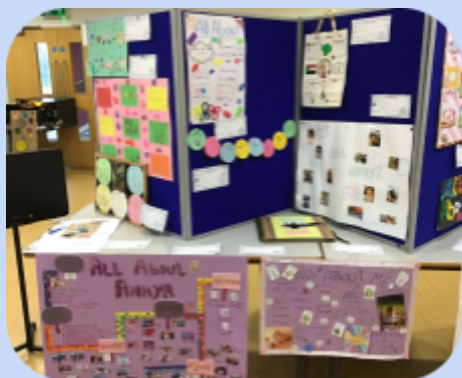
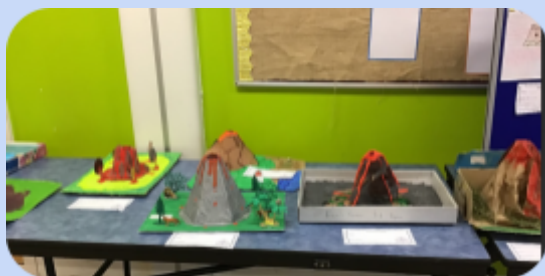
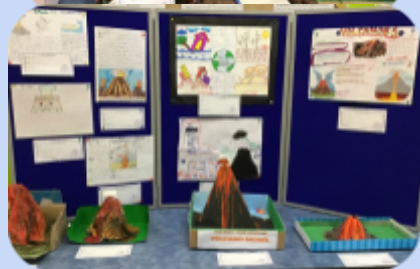
iRock Concert 2023

iRock concert 2023 was a huge success. Children enjoyed the day exhibiting their progress on musical instruments.



Homework Showcase:

We proudly present these fantastic pictures on our Autumn term Homework Showcase. Well Done everyone!



Starting Primary School 2024

Are you applying for a primary school place for children born between 1 September 2019 and 31 August 2020?

The deadline for applications is Monday, 15th January 2024. Apply online at www.eadmissions.org.uk

Nursery teacher Parent Meeting

If you have not done so, please book your appointment to meet with your child's class teacher to learn more about your child's progress on 16th January 2024.

(only for nursery parents)

Theme Day Menu for Census

Enjoy our census day special Pirate-themed Lunch on Thursday, 18th January



Pupil Premium Funding Form:

If you are eligible, please click the link to access the Google form.

<https://forms.gle/aedwVgF9usJenGwX7>

After-School Clubs

We are delighted to inform you that two more after-school clubs will return after the half-term. Please read below for further information.

Wellbeing Club

Our very popular Wellbeing club starts on Tuesday, 20th February, every Tuesday from 3.30 pm to 4.30 pm. Please log in to ParentPay to make the payment if you are interested.



Young Mindfulness

Fun, interactive & accredited wellbeing sessions including games, breathing and massages to nurture happiness, contentment, confidence and inner peace

WORKING WITH PRIMARY SCHOOLS,
NURSERIES & FAMILIES



"The sessions are so much fun and allow each child to explore a spectrum of emotions in an interactive and accessible way. They offer children solutions for managing anger, worry and sadness"



- Nursery extra-curricular Club
- After-school club - 1:1 sessions
- Become a mindfulness teacher

07427 206 629 www.youngmindfulness.co.uk  youngmindfulness

Kiddy Cook Club

Benefits of joining:

- Learn new cooking skills
- Explore new ingredients
- Improve on Maths & Listening skills
- Gain confidence & social skills
- Food to take home to eat

SPRING TERM
Perivale Primary School
Thursdays 3:30-4:30pm

After-school cooking classes
TO BOOK -
<https://kiddy-cook-west-london.class4kids.co.uk/>
Each week, children will make a dish from scratch to take home, along with a recipe card enabling them to recreate their masterpieces time and time again!
Classes last for 1 hour and are booked in blocks per school term. Each block will consist of both sweet and savoury dishes but will always follow the principles of healthy eating.
Spring Term 2nd Half 5 weeks - £60
Thursdays: 22, 29 Feb, 7, 14 & 21 March
Ingredients, utensils, aprons and recipe cards provided for every session.

**kiddycook.co.uk**
Contact: Stella Fairn
t: 07979 692913
e: westlondon@kiddycook.co.uk

Kiddy Cook Club, one of our popular clubs, will start **Thursday, 22nd February 2024**, for the second half of the Spring term. Please contact **Stella** on **07979692913** to reserve your child's place.

Are you interested in volunteering?

If you are available to volunteer at our school, please fill out the application and return it to the office. Applications are available to collect at the entrance of the school office.

Community Information

Swimming Lessons:

Swimming is one of the best skills to practice. Northolt Leisure Centre are offering February half-term crash courses if you are interested. Please email oliviachalmers@everyoneactive.com or phone 02084237436 if you are interested.

February Half Term Crash Course

at Northolt Leisure Centre

Monday 12th of February to Friday 16th of February 2024

	9am	9:30am	10am	10:30am	11am	11:30am
Sam	Stage 2	Stage 1	Stage 2	Stage 3	/	/
Danielle	Stage 3	Stage 4	Stage 2.7+	Stage 6+	Breaststroke & Butterfly Clinic (page 5)	Stage 3
Adam	Stage 1	Pre-School	Stage 4	Stage 2	/	/
Nicola	Stage 4	Stage 3	Stage 1	Stage 1	Stage 5	Starts & Turns (page 1 and 2)
Morgan	Stage 1	Stage 1	Stage 3 confident (swimmers in stage 3 who are at least 10 years old)	Stage 4	/	/

£30 for 5 days of Swimming

Book early our crash courses are a sell out!

Crash Courses are a great way to introduce your child to the world of Swimming and help with moving up a stage, developing fundamental skills and a fun way to spend half term!

If you have any questions about our crash courses, Please email our swim manager at oliviachalmers@everyoneactive.com

To book a place please see reception or call 02084237436

Workshops for Parents/ Carers:

NHS West London conducts the following workshops for parents/carers.

NHS West London
NHS Trust

Ealing Mental Health Support Team

WORKSHOPS FOR PARENT/CARERS
SPRING TERM 2024

Over the spring term, Ealing Mental Health Support Team will be running a variety of workshops for parents and carers of children who attend a school in Ealing.

If you would like to sign up to one of our workshops, please do so on the below website or scan the QR code.

<https://forms.gle/jmUT9kNRPndBUAh6>

If you have any questions, please do email us on: Ealing.mhst@nhs.net

PRE AND POST-ATTENDANCE GUIDE

Step 1

Use our QR code to sign up for a workshop(s) of your choice

Step 2

You will be emailed a Microsoft Teams link several days before the workshop

Step 3

You'll receive another email reminder on the morning of the workshop

Step 4

All workshops start promptly on the time advertised. Please note we cannot guarantee access to the workshop if sign up is on the day so do sign up as early as possible

Step 5

To ensure you receive resources from the workshop you have attended, please complete the feedback form provided at the end of the session

Promoting hope & wellbeing together

SUPPORTING ANXIETY IN CHILDREN AND YOUNG PEOPLE	TEEN LOW MOOD	AN INTRODUCTION TO AUTISM
<p>This workshop is aimed at parents of children attending Primary and Secondary who would like to learn more about how to manage anxiety in young people, as well as helping to build their confidence.</p> <p>Date: January 16th 2024 Time: 11am - 12:15pm</p>	<p>This workshop is aimed at parents of secondary-aged children, who would like to know more about what may cause low mood and gain knowledge of strategies that can help to improve low mood.</p> <p>Date: January 25th 2024 Time: 1pm - 2:15pm</p>	<p>This workshop is aimed at parents of children attending Primary and Secondary, who would like to know more about Autism and how to support children where Autism may be suspected or diagnosed.</p> <p>Date: January 26th 2024 Time: 1:30pm - 3:00pm</p>
<p>SUPPORTING FRIENDSHIP IN CHILDREN</p> <p>This workshop is aimed at parents of primary-aged children to provide information to help you support your young person with building and managing friendships, including supporting with social anxiety.</p> <p>Date: February 12th 2024 Time: 11am - 12:30pm</p>	<p>UNDERSTANDING BEHAVIOUR FOR CHILDREN WITH ADDITIONAL NEEDS</p> <p>This workshop is aimed at parents of children attending Primary and Secondary. The workshop introduces how and why behaviours may occur in children with a range of additional needs, and how to support positive behaviours in children.</p> <p>Date: February 13th 2024 Time: 11:30am - 1pm</p>	<p>MANAGING EXAM STRESS</p> <p>This workshop supports parents of secondary-aged children to identify and manage exam stress in adolescents, and will provide strategies to promote wellbeing in students before, during and after exams.</p> <p>Date: February 22nd 2024 Time: 1pm - 2:15pm</p>
<p>UNDERSTANDING MENTAL HEALTH IN ADOLESCENT BOYS</p> <p>This workshop supports parents of secondary-aged children. It aims to introduce parents to the causes of declining mental health in adolescent boys and equips parents with strategies to promote positive mental health.</p> <p>Date: March 14th 2024 Time: 11am - 12:30pm</p>	<p>AN INTRODUCTION TO AUTISM IN ADOLESCENTS</p> <p>This workshop supports parents of secondary-aged children. It aims to introduce parents to the changes and impact of adolescence within autism, equipping parents with strategies to promote positive mental health among autistic teenagers.</p> <p>Date: March 19th 2024 Time: 10:30am - 12pm</p>	<p>SUPPORTING POSITIVE BEHAVIOUR IN CHILDREN</p> <p>This workshop supports parents of primary-aged children. It introduces parents to common behavioural difficulties, factors that influence behaviour and strategies to manage your child's behaviour. It'll also consider the impact of screen time and how to promote boundaries with this.</p> <p>Date: March 28th 2024 Time: 11am-12:30pm</p>

Promoting hope & wellbeing together

Ealing Parenting service workshop

FREE online parenting workshop

contact For families with disabled children

CONTACT EALING

This workshop will look at the support available for families of children & young people with additional needs, including information on education, health, social care and financial issues

There will also be the opportunity to have your questions answered



Delivered by Ealing's Contact Team

Wednesday, 31st January 2024
10am-12pm
via MS Teams

email parentingserviceadmin@ealing.gov.uk to register or for more info

 **SUPPORTIVE ACTION FOR FAMILIES IN EALING**

FREE online parenting workshop

UNDERSTANDING YOUR TEENAGER

Tuesday, 23rd January, 2024
10am-12pm
via MS Teams

Delivered by Sabrina Meakins
Counsellor & Psychotherapist

Adolescents feel like a great mystery to their parents, often left wondering what they get up to when they close their bedroom doors once they get back from school, or simply what they are thinking

The session will cover:

- Child and adolescent emotional development
- Understanding your child better
- Empathising with your child
- Adolescent emotional and mental health
- A chance to have your questions answered



The session is aimed at parents/carers of young people aged 12-18

email parentingserviceadmin@ealing.gov.uk to register or for more info

 **SUPPORTIVE ACTION FOR FAMILIES IN EALING**

Parent/Headteacher Forum 2023-24

To be held in the lower school hall

Date	Time
Thursday 8th February 2024	9.00 - 9.45
Tuesday 5th March 2024	9.00 - 9.45
Tuesday 16th April 2024	9.00 - 9.45
Thursday 9th May 2024	9.00 - 9.45
Tuesday 11th June 2024	9.00 - 9.45
Thursday 4th July 2024	9.00 - 9.45

I look forward to seeing you at these meetings or catching up at the school gates in the mornings or after school.

Spring Term 2024- Dates for your calendar

Date	Time	Audience	Event
Tuesday 16th January 2024	8:40 am- 3:30 pm	Nursery Parents	Nursery teacher Parents meeting
Wednesday 24th January 2024	9:00 am-10:00 am	Year 6	SAT's /Phasel Woods workshop
Friday 26th January 2024	8:30 am-9:00 am	Y1,2,3,4,5&6	Timetable Champions
Tuesday 30th January 2024	9:00 am-10:00 am	Year 1	Mock Phonics Screening
Thursday 1st February 2024	9:00 am - 10:00 am	Year4	Multiplication Check
Monday 12th February 2024- Friday 16th February 2024		Whole School	Half term break
Friday 22nd March 2024		Whole School	PTFA Easter Eggstravaganza (TBC)
Friday 22nd March 2024	3:15 pm- 3:20 pm	Whole School	Homework Showcase
Tuesday 26th March 2024	3:40 pm- 6:30 pm	Whole School	Parents Evening
Wednesday 27th March 2024	3:40 pm- 6:30 pm	Whole School	Parents Evening