

Perivale Primary School

Newsletter



Issue 1 – Friday 29th September 2023

Head Girl/Boy elections

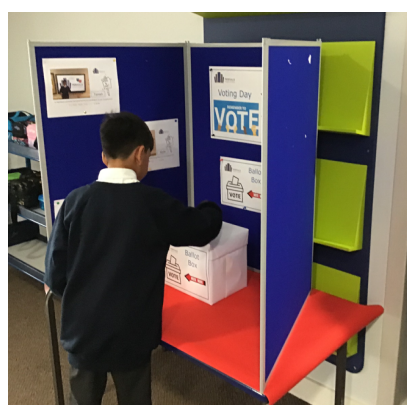
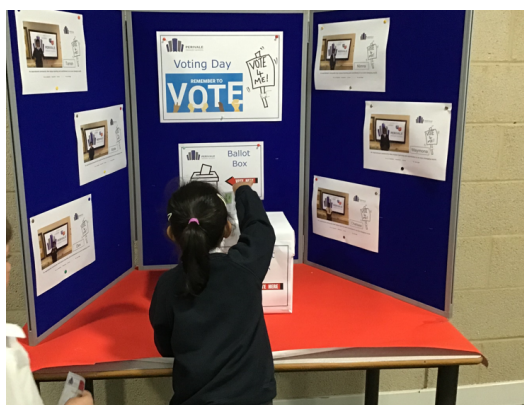
This week, we appointed our new Head Boy and Head Girl at Perivale Primary school, alongside our two Deputy Head Boys and two Deputy Head Girls.

All of the Year 6 children were given a job description and had an assembly with Ms. MacKenzie to share more details of the role. From there, any children who were interested were asked to write a letter of application - with us receiving over 30 applications!

Ms. MacKenzie and Mrs. Mitchell had the impossible task of shortlisting this down to 10 candidates to interview. We found it so difficult that we ended up interviewing 11.

From the interviews, carried out by Ms. MacKenzie, Ms. Mitchell and Mr. Sedgley, 3 boys and 3 girls moved onto the next stage which was to speak to their peers in the KS1 and KS2 assembly to outline why they would make the ideal candidate. A ballot box vote followed, where all of the children from Year 1 - Year 6 voted for their Head Boy and Head Girl. The votes were counted and verified...

Finally, Ms. Porter was then able to announce our Perivale Head Boy and Head Girl at a special assembly on Tuesday.



Head Boy: Tanish

Head Girl: Chelsea

Deputy Head Boy: Abde

Deputy Head Boy: Dev

Deputy Head Girl: Maymona

Deputy Head Girl: Nimra

MacMillan Coffee Morning



We held a very successful coffee morning, organised by Mrs. Hinckson, to raise money for Macmillan support. Thank you to all the parents who donated cakes and money. The parents who were able to attend enjoyed tea, cake and the opportunity to sit and have a chat with other parents. It was a very enjoyable morning. We will let you know in the next newsletter how much money we raised for such a good cause.

National Teachers Assistant Day

Friday 29th September marked National Teachers Assistant Day and our teaching staff put on a shared breakfast and planned a very special assembly to thank all of our Teaching Assistants and our wider support staff.

We would like to thank all of our support staff for all they do each and every single day for the children of Perivale Primary School. We thank you from the bottom of our hearts.



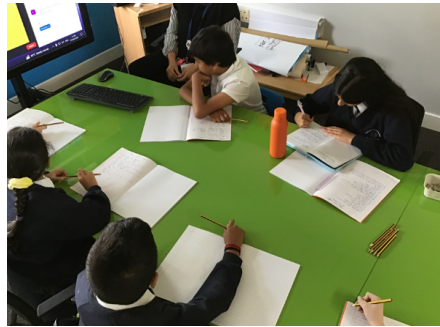
Parent Survey

We would like to know what you think about how we work with families. Please complete a short survey by clicking on the link. Closing date is Friday 6th October. Thank you.

<https://www.surveymonkey.co.uk/r/PerivaleParents2023>

Perivale Parliament

This week, Perivale Parliament had their first meeting to attend a conference hosted by Picture News which was on the topic of child-led assemblies. The children were engaging with the zoom session providing ideas and also jotting lots of notes in their books for ideas they could take away. Watch this space for more coming from our Perivale Parliament this year who will be led by Miss MacKenzie and Miss Sinclair.

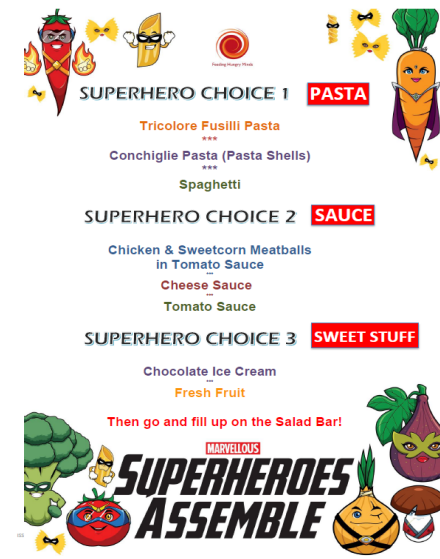


Perivale Parliament 2023 - 2024

Class	Student
Beech	Aashi
Maple	Izaan
Elm	Trey
Cedar	Leen
Mulberry	Zaina
Willow	Zakia
Ash	Crystal-Bentley
Poplar	Arvin
Sycamore	Hana
Lime	Cian
Chestnut	Jeet
Oak	Mahdi & Sara

Feeding Hungry Minds

Our school caterers are providing an opportunity for your child to have a superheroes school lunch on Thursday 5th October where they can choose from different options to create their perfect lunch. What will they create?



The ZONES of Regulation

Blue Zone	Green Zone	Yellow Zone	Red Zone
Sad	Happy	Worried	Overjoyed/Elated
Bored	Focused	Frustrated	Panicked
Tired	Calm	Silly	Angry
Sick	Proud	Excited	Terrified

This week we have launched the Zones of Regulation at Perivale Primary School. The Zones of Regulation are a framework to support the understanding of emotions and to categorise them into different coloured zones. Strategies are then identified for individuals to carry out to get back to the green zone to feel calm, focused, and ready to learn. The Zones of Regulation resources can be used to support your child to identify and describe their feelings, which can support a discussion around why they are feeling a certain way, and what strategies can be used when they feel like this. The ultimate aim of this is to support your child to develop their independence in identifying and expressing their feelings, and independently identifying strategies, to prevent them from becoming dysregulated. The Zones of Regulation resources also support your child to think about the feelings and thoughts of others, the size of problems and appropriate reactions, and expected and unexpected behaviours in different situations. It would be great if you could use the Zones of Regulation language at home so the children become more familiar with it and can share with you what they have learnt at school.

Thank you. Miss Brogan and Ms Mitchell

FREE

online parenting workshop

SPEECH AND LANGUAGE

Tuesday, 17th
October 2023
10am-12pm
via MS Teams

advice and tips on
supporting your
child's speech
development

strategies to
improve
communication
with your child

what can you
do if you
have concerns
for your child

how to
support
children
learning
additional
languages

learn more about
the role of
speech and
language therapy

Delivered by Ealing's
Speech and Language
Therapy Team

email parentingserviceadmin@ealing.gov.uk to register or for more info



**SUPPORTIVE
ACTION FOR
FAMILIES IN
EALING**



**EALING
PARENTING
SERVICE**

If you would like to find out more about how you can help your child with communication or what you can do if you have any concerns about speech development, you can book a place at the free workshop. This will be held on Tuesday 17th October from 10am - 12pm. email parentingservice@ealing.gov.uk to register.

If your children are budding actors or writers, they might like to attend this workshop to create a play in 3 days. Please visit www.empower.arts.co.uk to book a place.

Empower Arts

SPOOKY STORIES

CREATE A PLAY IN 3 DAYS

£90 FOR 3 DAYS

23RD-25TH OCTOBER 2023
AGES 5-11 YEARS
9AM-3PM
£90 FOR 3 DAYS

GRAND UNION VILLAGE COMMUNITY
DEVELOPMENTS TRUST,
HIGHAM MEWS, NORTHOLT,
UB5 6FP

DISCOUNT FOR SIBLINGS

BOOK HERE: WWW.EMPOWER-ARTS.CO.UK
07759092127 | INFO@EMPOWER-ARTS.CO.UK

Headteacher Coffee Meetings 2023-24

To be held in the lower school hall

Date	Time
Tuesday 10th October 2023	9.00 - 10.00
Thursday 9th November 2023	9.00 - 10.00
Thursday 7th December 2023	9.00 - 10.00
Tuesday 9th January 2023	9.00 - 10.00
Thursday 8th February 2023	9.00 - 10.00
Tuesday 5th March 2023	9.00 - 10.00
Tuesday 16th April 2023	9.00 - 10.00
Thursday 9th May 2023	9.00 - 10.00
Tuesday 11th June 2023	9.00 - 10.00
Thursday 4th July 2023	9.00 - 10.00

I look forward to seeing you at these meetings, or catching up at the school gates in the mornings or after school.

Autumn Term 2023 - Dates for your calendar

Date	Time	Audience	Event
Friday 29th September 2023	9:00 - 10:00	Whole school	Macmillan coffee morning
Wednesday 4th October 2023	All day	Year 6	Year 6 trip to the Science Museum
Thursday 5th October 2023	9:00	Whole school	Raising attainment parent workshop
Tuesday 10th October 2023	9:00 - 10:00	Whole school	Headteacher Coffee morning
Thursday 12th October 2023	9:00	Year 6 parents	Preparation for SATs workshop
Monday 16th October 2023	8:30 - 16:00	Year 5	Year 5 trip to Ufton Court
Thursday 19th October 2023	9:00 - 10:00	Prospective parents	Prospective parents open morning
Monday 23rd - Friday 27th October 2023 Half Term School Closed			
Monday 30th October 2023	All day	Whole School	Staff training - school closed